



# Care in the Sun Policy

*Policy Date:* \_\_\_\_\_

*Signature of Principal:* \_\_\_\_\_

*Signature of Chairperson of Board of Governors:* \_\_\_\_\_

*Review Date:* \_\_\_\_\_

## Care in the Sun Policy

### Rationale

Research has shown that too much sun can cause skin damage including sunburn, premature aging and skin cancer. A simple sunburn in childhood can lead to long term skin damage and may increase the risk of melanoma in later life.

### Aims

- To raise awareness among children of the dangers of excessive sun exposure
- To create a suitable environment with adequate shade and protection

In the writing of this policy advice from the DHSS and recommendations from DENI has been taken.

- Sun awareness and sun safety issues will be addressed in the appropriate curriculum areas, particularly Science, PDMU and PE.
- We will address the issue of using clothing as protection: PE kit for outdoor activities, collared t-shirts, appropriate hats etc.
- We will encourage children to use shaded areas of the playground during break and lunch times.
- We encourage parents to apply sunscreens as necessary before pupils come to school. Top up sun lotion may be sent in and children should be able to apply it themselves. Please note for Health & Safety reasons children must **NOT** share each others sun lotions.
- Pupils will be encouraged to drink plenty of water.

### Staff

Teachers and supervisors will be familiar with these guidelines and will ensure that they are correctly implemented.

Staff will follow protection procedures and will act as role models.

We will endeavour to convey a positive message so that children can enjoy outdoor safety by being 'sun wise'.

### Monitoring and Evaluating the Policy

Our policy will be reviewed triennially and/or in the light of changes in legislation or practice following consultation with all staff members, parents and external agencies.